

# Astrological Symbols and Language

Use the following link to print out astrology charts so you can practice:

[Free Birthchart - The Next Step - Pam Gregory - UK.COM](#)

## A Brief Introduction to Medical Astrology

Hippocrates (circa 460—370 BCE) was considered to be the father of western medicine, although he was a student of the earlier Asklepius, the elder father of medicine. Hippocrates taught that a physician without knowledge of astrology had no right to call himself a healer. In Tibetan medical schools today, all students are still required to study astrological science as it applies to medicine.

The 16<sup>th</sup> century Italian Galileo was an astronomer, physicist and engineer, and also invented the first telescope for observing the night sky. Galileo taught astronomy and astrology to medical students in the mainstream Italian Medical Academies. Until the 1700s, medical doctors in Europe were required to study Medical Astrology.

Doctors worldwide are still initiated into their medical practice by taking the Hippocratic Oath. This oath includes the promise to uphold the ancient principles of healing from Asklepius and Hygeia. This Greek medicine tradition from circa 1500 BCE was an integrated system of 'Soul Healing'. The Asklepiian healing temples included music, natural diet, water therapy, and dream incubation. The aspirant would stay in the healing temple at least until they received a dream regarding their cure.

In Sound Alchemy—Bio-Acoustics, we incorporate these same principles, with the focus on Sound Medicine, Voice Analysis and Medical Astrology. It is not necessary to become an astrologer to become a practitioner, however learning the basics for finding planetary stress points and the corresponding tone frequency is extremely helpful.

Please reread the Songaia Sound Medicine basics and how Voice Analysis works at:

<http://aniwilliams.com/voice-spectrum-analysis/>. Also the following article clarifies how the voice is a mirror of the heavenly song at the moment of birth: <http://aniwilliams.com/music-as-a-mirror-of-creation/>

The information in this file offers a beginning in astrology basics. Even being able to recognize the symbols for the zodiac signs, planets and aspects will be a great advantage during the Sound Alchemy Training. Perhaps play with these symbols and have a friend or partner quiz you on the correspondences. Enjoy your ride through the stars!

\*\*\*[Additional article and video links:](#)

Music, Geometry and Healing <http://aniwilliams.com/geometry-music-and-healing/>

On Earth As It Is In Heaven <http://aniwilliams.com/on-earth-as-it-is-in-heaven/>

Egypt's Star Song Temples <http://aniwilliams.com/egypts-star-song-temples/>

Frequencies that Liberate <https://www.youtube.com/watch?v=axS7Swemhlc>

Conscious Media Interview: <https://www.youtube.com/watch?v=zpDVGnKGn7s>

Bio-Acoustic Medicine: <https://youtu.be/D3BdqjQx6EY>

Neo-Platonic Academies: <https://youtu.be/iJ9CsiZI As>

Toning and Chanting Benefits <https://youtu.be/ NcMJY0PYAA>

# The Planets

## Sun

The Sun tells us of the actual core of a person, the inner self, of that which is of central concern. It also shows us the general vitality and the ability to assert oneself, it describes a general tone of being which colors everything else.

**Sign equivalent: Leo**

Diameter: 1'390'000 km.

The Earth's orbit from Sun: 149'600'000km

Periode Earth - Sun: 365.25 Days

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## Moon

The Moon represents our feelings and emotions, the receptivity, imagination and basic feeling tone of a person. It also has an effect on the sense of rhythm, time and timing, it influences our adaptability to change, our mobility and versatility.

**Sign equivalent: Cancer**

Orbit from Earth: 384'000km

Period: 27.32 Days

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## Mercury

Mercury represents reason, reasonableness (common sense), that which is rational. It stands for the spoken and written word, putting in order, weighing and evaluating, the process of learning and skills.

**Sign equivalents: Gemini and Virgo**

Orbit from Sun: 57'910'000 km

Period: 88 Days

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## Venus

Venus gives us a sense of beauty, the enjoyment of pleasure, aesthetic awareness, love of harmony, sociability, taking pleasure in relationships.

**Sign equivalents: Libra and Taurus**

Orbit from Sun: 108'200'000 km

Period: 225 Days

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## Mars

Mars represents the energy and drive of a person, their courage, determination, the freedom of spontaneous impulse. It also describes the readiness for action, the way one goes about doing things as well as simple

aggression.

**Sign equivalent: Aries**

Orbit from Sun: 227'940'000 km

Period: 1,9 Years

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## Jupiter

The search for individual meaning and purpose, optimism, hope and a sense of justice are represented by Jupiter. Also faith, hope and the striving for spiritual growth, expansion and travel.

**Sign equivalent: Sagittarius**

Orbit from Sun: 778'330'000 km

Period: 11,9 Years

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## Saturn

Saturn shows how we experience "reality", where we meet with resistance and discover our limitations. It represents the conscience and moral conviction, the laws and rules which we choose to obey. It also tells us about our powers of endurance and the ability to concentrate, it lends qualities like earnestness, caution and reserve. And through limitation we can grow and learn.

**Sign equivalent: Capricorn**

Orbit from Sun: 1'429'400'000 km

Period: 29,5 Years

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## Uranus

Uranus stands for intuition, it transmits sudden inspiration, lightning insights and change. An openness for all that is new, unknown and unusual. Uranus breaks up the status quo to prepare for the new. **Sign equivalent:**

**Aquarius**

Orbit from Sun: 2'870'990'000 km

Period: 84 Years

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## Neptune

This planet gives us the supersensory, opens doors to mystical experience and the transcendental. On this level it is hard to discern where perception moves into deception, illusion and false appearances, and so Neptune is associated with all of these, with drugs and all kinds of pseudo-realities....the 'dreamer'.

**Sign equivalent: Pisces**

Orbit from Sun: 4'504'300'000 km

Period: 165 Years

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## Pluto

Pluto describes how we deal with power, personal and non-personal, be it through suffering the power of others or exercising it ourselves. It describes how we meet the demonic and magical, our regenerative powers and our capacity for radical change and rebirth: the cycles of dying and becoming, transformation.

**Sign equivalent: Scorpio**

Orbit from Sun: 5'913'520'000 km

Period: 248 Years

## Zodiac Planet Symbols

**Important note:** We don't use the asteroids, such as Pallas, Juno, Vesta, Ceres, so don't worry about those. However, we do use Chiron, as it is important regarding healing. Another symbol which we do use is the North Node of the Moon--♁



Moon



Mercury



Venus



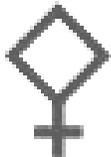
Sun



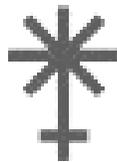
North Node



Mars



Pallas



Juno



Vesta



Ceres



Jupiter



Chiron



Saturn



Uranus



Pluto



Neptune



Earth

# Aspects

The angular relationships between the planets in a horoscope are termed “aspects”. Usually this includes angles to the ascendant and MC. These relationships influence how the planets work together. There is also a certain amount of “play”, which means that an aspect is said to “work” or be operative within a few degrees either way of being exact. This margin of “play” is defined by the orbs. (see below). Here are some of the major aspects:

## **Conjunction – 0°**

The conjunction tends to be a harmonious aspect. Its quality depends greatly on the planets involved, as well as on how close the aspect is. For example, a conjunction between the Sun and Mercury is generally regarded as harmonious. If, however, the distance between them is less than a few degrees, Mercury is said to be “burnt” or “in combustion”, with corresponding results. In general, the conjunction shows an immediate connection which usually works in one way or another.

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## **Opposition - 180°**

Although the opposition is generally regarded as “disharmonious” or dynamic, it often has quite a motivating and energizing effect. Here too, the quality of the aspect depends on the planets involved, and on what one makes of it. On the whole, an opposition between two planets creates tension between them, often with positive results.

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## **Square - 90°**

The square is regarded as a disharmonious aspect, the planets involved seem to be “blocked”. The problems that arise from the square keep on turning up, like a bad penny. The difficulty lies in trying to reconcile two forces that are trying to move in completely different directions. Usually this takes the form of desires and needs which are mutually exclusive.

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## **Trine - 120°**

The trine is a harmonious aspect, the planets involved work together in a complementary fashion, enriching one another. Trines show where our natural talents lie, whether we actually make use of them or not is up to us.

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## **Sextile - 60°**

The sextile tends to have a harmonious effect, depending of course on the planets involved.

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# Astrological Aspect Symbols

## Conjunction



A [conjunction](#) (abrv. Con) is an angle of approximately 0-10°. An [orb](#) of approximately 10°<sup>[3]</sup> is usually considered a conjunction, however if neither the Sun or Moon is involved, some consider the conjunction to be a separation (orb) of only about 0±08°.

## Sextile



A [sextile](#) (abrv. SXt or Sex) is an angle of 60° (1/6 of the 360° [ecliptic](#), or 1/2 of a trine [120°]).

## Square



A [square](#) (abrv. SQr or Squ) is an angle of 90° (1/4 of the 360° ecliptic, or 1/2 of an opposition [180°]). An [orb](#) of somewhere between 5° and 10°<sup>[3]</sup> is usually allowed.

## Trine



A [trine](#) (abrv. Tri) is an angle of 120° (1/3 of the 360° ecliptic). A separation (orb) of 120±04° is considered a trine. The trine indicates harmony, and ease of expression, with the two elements reinforcing each other.

## Opposition



An [opposition](#) (abrv. Opp) is an angle of 180° (1/2 of the 360° ecliptic). An [orb](#) of somewhere between 5° and 10°<sup>[3]</sup> is usually allowed.

## Inconjunct



A quincunx or inconjunct is a separation of 150°. This aspect is very important in astrology and medical astrology. Musically, this aspect is a perfect 5<sup>th</sup>!

## A double inconjunct = Yod



A yod is a very powerful aspect and is often called a Finger of God, Finger of Destiny.

Often the tones indicated in an inconjunct or yod are gateway frequencies for the client.

# The Signs

## A Brief Introduction to Astrology

Each of the 12 astrological signs belongs to a certain element in one of its states. This gives us twelve quite different basic types. These varying qualities provide the “backdrop” to the planetary positions. As each horoscope has different planets in different signs, there can never be a “pure” Aries or a “pure” Gemini. Each horoscope is a highly individual, very complex and usually also very varied combination of parts.

In order to understand the signs, we must take into account the typical expressions of the elements, as well as the characteristics belonging to the planets associated with the signs.

### Aries

Cardinal fire; ruled by Mars

Willpower, impulsive, initiative, courage, energy, activity

Often rushes headlong into things



“ The ram is used to describe the sign of Aries because it is always full of energy and life, always on the move, and always looking for a challenge. A typical Aries person is usually full of vitality and courage. He enjoys challenge and can often be found excelling at sports and other competitive games. He will try anything if there is a chance to win. Many people who have the Sun in Aries, or perhaps some of the other planets in Aries, are natural leaders. They have plenty of new, creative ideas. They may get impatient when they must follow a routine or do what they think are boring things. The Aries person does not like being told what to do. He likes to make his own way in life.

Aries belongs to a group of Zodiac signs which astrologers call fire signs. By this they mean that people born under these signs remind them of a warm, bright, crackling fire. They have a fiery, impulsive quality. They tend to be outgoing and sometimes have hot tempers, but they forgive easily as well. They are optimistic and rarely remain sad for long. Leo and Sagittarius are also fire signs.

If you are an Aries think how good you feel when you are first at something, and when you can invent new ideas or activities which your friends enjoy. ”

### Taurus

Fixed earth; ruled by Venus

Sensual, pleasure-seeker, steadfast, strives for security

Sees red when provoked for a long time



“ The bull is used to describe the sign of Taurus because he usually is plodding and peaceful in his movements. He is deliberate and relaxed and enjoys his food. A typical Taurus person likes comfort and is willing to work hard for the things that make him happy. Like a bull he does not easily lose his temper, but when he does get angry it is best to stay out of his way!

The most important thing to Taurus is stability. Many Taurus people love beautiful things. They may also love the land, and be happiest in the country. Some Taurus people have fine voices and a talent for music, or they may be good at sculpture or woodworking. Others are practical and can be excellent accountants or bookkeepers. But

sometimes Taurus people take a long time to decide what they are best at, because this is a patient sign and Taurus people are in no hurry.

Taurus belongs to a group of signs which astrologers call earth signs. By this they mean that Taurus people have a solid, reliable quality which reminds them of the earth itself. Virgo and Capricorn are also earth signs.

If you are a Taurus your special gifts are your reliability, and your ability to bring peace and stability into other people's lives. ”

## Gemini

Mutable air; ruled by Mercury

Mental type, witty, communicative, mobile, takes pleasure in learning. Rarely touches down



“ The twins are used to describe the sign of Gemini because typical Gemini people love to share ideas with someone else. The most important thing for a Gemini is communication. Gemini people are almost always curious about lots of different things. A typical Gemini person usually enjoys being with other people and loves to talk about the latest thing he is doing. People usually like their Gemini friends, because they have something interesting to share with everybody.

Many Gemini people are talented at writing, teaching and public speaking. Some are gifted dancers. Many of them work in the fields of radio, television and newspapers because they love to be around when news is being created. It is especially important for Gemini

people to travel and meet new people.

Gemini belongs to a group of signs which astrologers call air signs. By this they mean that Gemini people have a sparkling, changeable, light quality which makes them think of the light and refreshing breeze of a spring day. Libra and Aquarius are also air signs.

If you are a Gemini think about how good you feel when you are right in the middle of exciting things and can tell your friends your own story of what happened. You can brighten up a whole room full of people, and teach them something new at the same time. ”

## Cancer



Cardinal water; ruled by the Moon

Emotional type, stubborn, seeks safety and closeness

Very much a family person



“ The crab is used to describe this sign because it carries its own house with it. It will also move sideways instead of in a straight line, and although a crab cannot really hurt you with its claws, it can hang on very tightly to something it wants.

A typical Cancer person is home-loving and fond of his family. At the same time, he is often quite subtle in his behavior and may approach people and situations indirectly if he cannot get what he wants by going straight forward. And when he loves someone or has something which makes him happy, he will hang on very tightly and not let go.

Cancer people want to be needed, and it is important to them to be around people who love them and help them to feel secure. They are also often shy and sensitive, but they can be brave and courageous about protecting their friends and loved ones. Many Cancer people also have wonderful imaginations and can create fine stories and paintings.

Cancer belongs to a group of signs which astrologers call water signs. By this they mean that Cancer people have a deep, mysterious, gentle quality which makes them think of gazing into a cool, deep pool or into the flowing waters of a river. Scorpio and Pisces are also water signs.

If you are a Cancer think about how good you feel when you are close to your family and feel safe and secure in a warm, happy home. ”

## Leo



Fixed fire; ruled by the Sun

Glamour, generosity, organizer, the center of attention

Likes to take the lion's part



“ The lion is called the King of the Beasts, and astrologers think that this animal is a good symbol to represent the kind of personality which seems to belong to most Leos. If you watch a lion you will see that he is always dignified, proud looking, and relaxed. He seems to know that he is king.

Sometimes he also enjoys being lazy and lying around in the sun. All this means that if you are a Leo you probably need plenty of time and opportunity in your life to do the things you want, things that give you joy and allow you to express yourself in a pleasurable way. Leos always like to think big, and do not enjoy things which are too detailed, or too dull. They also like to lead, and don't like being ordered around.

There is another thing which is important to a Leo, and that is love. Leo people need plenty of love and attention. They can feel hurt if they are ignored, or if someone else takes the credit for something they have done. They love to have an audience, and even a fairly shy, quiet Leo might secretly look to see if anyone is watching when he is doing something.

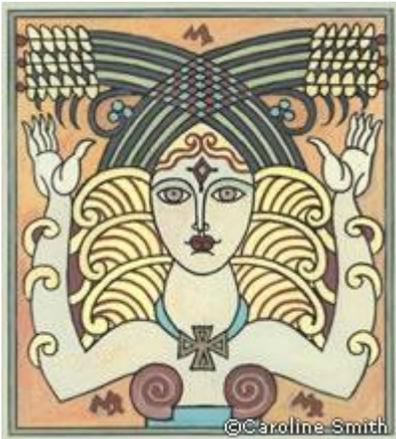
Leo is a fire sign like Aries and Sagittarius. If you are a Leo, think about how good it feels to create something which is uniquely yours, something artistic or something exciting like a new invention, which everyone admires, and which also brings pleasure to other people. Don't be afraid to ask for the attention and love you need but remember that other people like to be loved and admired in return. ”

## Virgo

Mutable earth; ruled by Mercury

Precise, differentiates, does what is necessary, utilitarian

A critical point of view



“ The symbol of Virgo the Maiden was chosen by astrologers to represent people born under this sign because there is a cool, clear quality to the way that a typical Virgo person thinks.

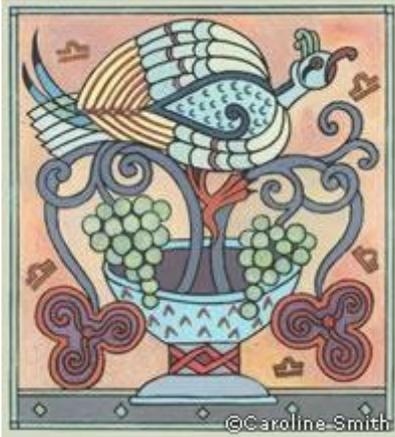
Virgo people are usually very gentle and quiet and love small animals and growing things. Many Virgos love to do detailed things and are talented at crafts like dressmaking. They will work hard to create something which is beautiful and useful at the same time. People born under the sign of Virgo are often happy to be alone, providing they know that they are needed and appreciated by others. In fact, the most important thing to Virgo people is service. They are always ready to help others and are very sympathetic to their friend's problems. Virgos are often shy and sensitive, but deep down are generous with their love and their talents.

Virgo is an earth sign, like Taurus and Capricorn. If you are a Virgo, you will know how good you feel when you have been able to help somebody else in some way. You will get great pleasure from making something with your own hands. You will probably find that as you grow up the kind of work you do will become very important to you, for you need to feel you are contributing something worthwhile to life. Don't ever feel that noisier, bossier people are better than you, because your special gentleness and quietness is much needed in this world. ”

## Libra

Cardinal air; ruled by Venus

A sense of beauty and proportion, tactful, seeks balance and harmony. Sometimes hovers between the scales



“ When you use a pair of scales you must get exactly the right amount on each side to make them balance. If there is too much on one side, or too little on the other, the scales will tip. Astrologers think this is a good symbol for Libra people because they seem to need equal amounts of everything in their lives to be happy. Libra people need to keep a balance between work and play, and between their thoughts and their emotions. Sometimes they seem to have trouble making decisions, but this is because they must consider all sides of a question first. They are always striving for perfection and balance, and love beauty and harmony around them.

The most important thing for a Libra person is this idea of harmony.

Libra people love to have people about them and to feel that they are appreciated. They usually get very interested in the opposite sex early in life, because they need love and companionship. Lots of Libra people are artistic and appreciate beautiful things. Sometimes they are talented at music or singing, and often dress well. But they may also be good at mathematics and science, because there is a clear, logical quality to the way they think. Usually Libra people are well liked because they are charming and easy to get along with. When a Libra person argues or behaves badly, it is usually because he feels that something is unfair.

Libra is an air sign, like Gemini and Aquarius. If you are a Libra, think about how good you feel when everything in your life seems to be harmonious and well-balanced, and when you have friends to go places or do things with. ”

## Scorpio

Fixed water; ruled by Pluto

Corrosive, passionate, piercing, extreme situations

Frequently quarrels with the spirits he called



“ The scorpion is a solitary little animal which likes to hide under stones. He can be dangerous, but he is never aggressive by himself and will only harm someone if he is disturbed. Astrologers think that the scorpion is a good symbol to represent those born under this sign because Scorpio people usually need plenty of time by themselves to think deeply about things they feel.

Scorpio people are sometimes very quiet, shy and sensitive and like to keep secrets. They can feel things very intensely. Scorpio people are also often very good at seeing the good and bad points in other people. The most important thing for Scorpio is self-understanding.

They are not afraid to try things other people are frightened of, if it will help them to learn more about themselves. At the same time, they do not like to be taken advantage of or injured, and many Scorpio people have a very strong sense of justice. This can make life difficult for Scorpio children if they think they are being unfairly punished. Scorpio children are often much wiser and more understanding than other children, so they should always be given reasons when they are told to do something.

Many Scorpio people are good at things which require deep thought and understanding, like psychology. Some of them become fine doctors and surgeons, because they are interested in the mysteries of life and like to heal.

Scorpio is a water sign, like Cancer and Pisces. If you are a Scorpio, your special gifts are your insight and sensitivity, and your strength of will, which can achieve anything in life. ”

## Sagittarius

Mutable fire; ruled by Jupiter

Free spirit, carefree, love of movement, cheerful

Wanderlust, often seems to be elsewhere



“ The centaur is an imaginary creature who is half horse and half man. In the stories of mythology, he is full of adventure and will gallop to the ends of the earth just for the joy of finding something new. In his hands he carries a bow and arrow. He shoots his arrow at some distant goal, gallops off in pursuit, and when he finds his arrow shoots it again, always keeping on the move. Astrologers think the centaur is a good symbol for those born under this sign, because they generally love travelling, seeing new places and meeting new people. They are always ready for a new adventure and always ready to learn something new.

Sagittarius people need plenty of freedom, because they want to experience as much of life as they can. They are unhappy when tied down to a routine, and happiest when starting off on something new. Walking is a favorite Sagittarian pastime, and many excel at sports. Sagittarians also have restless, adventurous minds, and like to take up new studies. Many Sagittarians are keenly interested in philosophy and learning, and they also love to have a good time and are fun to be with.

Sagittarius is a fire sign, like Aries and Leo. If you are a Sagittarius, you will probably find that as you grow older you want to travel. You should have a lively and inquiring mind and will always be asking questions about everything. Above all, you should have great faith in yourself, and your special and unique gift is this ability to wish upon a lucky star and believe your dreams really will come true. ”

## Capricorn

Cardinal earth; ruled by Saturn

Enduring, has a sense of purpose, proud, ambitious

Can get stuck in craggy heights

“ The mountain goat is always climbing higher and higher toward the summit. He is sure-footed and never falls and knows where he is going. Other animals cannot catch him because he simply climbs higher and looks out over the world from a safe and secure place on the mountain top. Astrologers



think that the mountain goat is a good symbol for those born under the sign of Capricorn because they are the type of people who have a goal towards which they will work hard and long. Capricorn people usually have plenty of self-discipline and are successful in what they do.

The most important thing to a Capricorn is achievement. He will tend to take life seriously, and it is important for him to be good at something. He needs to feel that he has a skill, something he can do better than anyone else. Capricorn people are hard workers and many of them make excellent teachers, lawyers and statesmen. They are also quiet and diplomatic and know how to be subtle and tactful in their dealings with others. It may take a long time for you to get to know a

Capricorn person, because he is often serious and shy by nature.

Capricorn is an earth sign, like Virgo and Taurus. If you are a Capricorn, you will probably find that as you grow older it will be more and more important for you to achieve success in something and earn recognition for your abilities. Work is very important to you. Family life is equally important, and you may have a love of history and tradition. Your special and unique gift is your inner determination to succeed at what you want in life, and that means you probably will. ”

## Aquarius

Fixed air; ruled by Uranus

Communicative, humanitarian, progressive, fraternal

Universal spirit with occasional astonishing obstinacy



“ The man who carries the pitcher of water freely shares his water with all those who are thirsty. Astrologers think this is a good symbol for people born under the sign of Aquarius, because they are generous in sharing their gifts with other people. Aquarians are often humanitarians. This means that they are interested in people and will feel concern for people as a group. They believe that everyone is their friend, whether they are black or white, rich or poor, beautiful or ugly. Aquarius is a friendly sign.

Many Aquarians have excellent minds. They are very clever at science and are especially interested in anything which can help people. They are often fascinated by gadgets and inventions, and some Aquarians become great inventors themselves. Others may support political

movements concerned with questions of freedom and justice. Aquarians are often not very emotional, because they are more interested in exchanging ideas and helping others.

Aquarius is an air sign, like Gemini and Libra. If you are an Aquarian, your special and unique gift is your tolerance and understanding of other people. You have the gift of being able to perceive what people really think and feel, no matter how they are dressed, or what walk of life they come from, and people feel you are their friend because you are truly interested in them. With this gift you can help people to make the best out of their own lives. ”

## Pisces



Mutable water; ruled by Neptune

Sensitive, compassionate, helpful, sociable

Very adaptable, hard to get a hold on



“Life under the sea is very different from life on land, and the fishes live in a world where there are many secret and hidden things, mysteries and strange beauties. They are also graceful creatures who swim and glide through the gentle currents of water. Astrologers think that fishes are a good symbol for Pisces people. They often seem to flow through life in a graceful way. They love music and poetry and frequently daydream. They often have a private inner world which is a very special and precious place to them, but they can be deeply compassionate towards other people who are unhappy.

Other people sometimes find Pisces hard to understand, because they feel so deeply and see many things in life which they cannot share with more practical types. They love the magic and mystery of the ocean, and wild, unspoiled scenery. They often need to be on their own, but always return to the company of others, for they are happiest when they have someone or something to be devoted to. There is a great deal of love in Pisces people. Many Pisces people become writers, artists and musicians. In addition, Pisces people are often deeply religious.

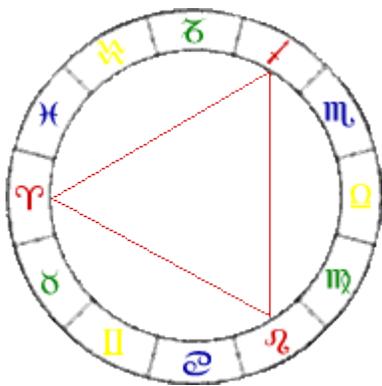
Pisces is a water sign, like Cancer and Scorpio. If you are a Pisces, you may find that it becomes important as you grow older to find a spiritual belief or faith. You may have a vivid imagination, and others who do not share this gift may think you daydream too much. But these daydreams are important to you, and you should never be afraid to have special times when you can withdraw into your private world. ”

# The 4 Elements and the Signs

The fact that the astrological signs are associated with certain astronomical constellations has led to much confusion amongst astrologers and non-astrologers. Basically, our zodiac and the signs are no more than a circular measure, a 360-degree scale. Each of the twelve sections of this circular measure has certain characteristics, based on qualities associated with the elements.

Tradition sees the entire universe as consisting of the elements fire, air, water and earth (and ether with blends the four). When we apply this system to personalities, the elements represent certain basic traits and give a certain “temperament”. This varies according to the emphasis of the elements in the horoscope. Any placement of planets, Sun, Moon, Chiron and North Node of the Moon (Rahu-head of the dragon) in a sign constitutes an emphasis.

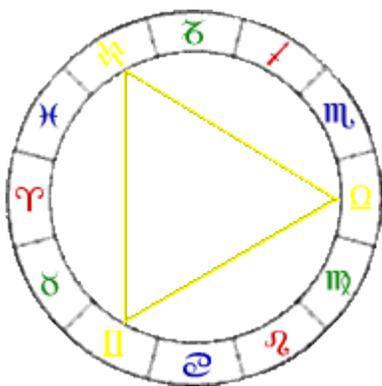
The four elements can be regarded as four basic principles of life. These can be applied to all sorts of things through the principles of similarity and analogy. C.G. Jung has opened the door to a modern understanding of these categories by developing a system of types, in which the elements correspond to four basic functions of the psyche. The emphasis or non-emphasis of the elements in the individual horoscope reveals fundamental aspects of the personality.



## **Fire**

People with a strong emphasis of the fire element are spontaneous and impulsive, they apply their energies wholeheartedly. Their emotional response is quick and they have a lively imagination.

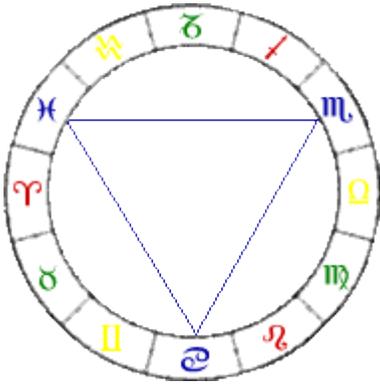
**Fire signs:** Aries, Leo and Sagittarius



## **Air**

Airy people are quick and animated. They apply their energies in very diverse ways. They tend to intellectualize their feelings and expectations.

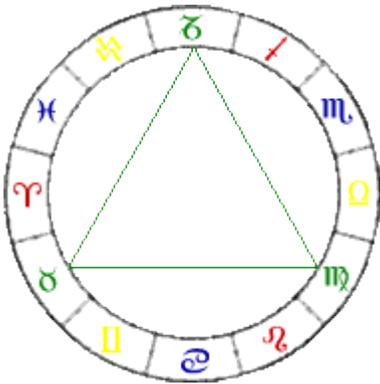
**Air signs:** Libra, Aquarius, Gemini



## Water

People with a strongly emphasized water element are feeling types and are very sensitive. Their imaginative and emotional lives are deep and rich.

**Water signs:** Cancer, Scorpio, Pisces



## Earth

Earthy people react quietly and slowly. They apply themselves with endurance. Emotionally they are deeply rooted and slow to change.

**Earth signs:** Capricorn, Taurus, Virgo

Western traditional sources also take into account a fifth element, the 'quinta essentia'. This very simply describes the soul or the spiritual being of a person. It stands apart from the other four elements and is not depicted in the horoscope. This is why it is frequently overlooked. It takes us beyond the doctrine of the four elements and their application in the field of astrology. It hints at the freedom of man and reminds us of the great mystery of the eternal.

## Exercises for finding the Tones & Four Elements in a chart:

As a preparation for Sound Alchemy—Bio-Acoustics classes, the following will be helpful. At least begin to become familiar with the terms and symbols. You can practice with printing out the charts of you, your friends and family and begin to find the stress points in the chart and note the tone frequencies indicated by the most actively stressed planet signs.

To avoid overwhelm, know that it is not essential to become an astrologer! Just recognizing the basic tones indicated by the planetary pattern adds an important clue to finding the most powerful frequencies for each individual. The planetary tones give clarity, since many people are missing half of the possible twelve tones in the musical scale. With the two blueprints, one can more easily locate the sounds to liberate the potential in each person.

You can list how many planets are in each of the four elements of earth, air, fire and water. See the element correlations above). (The elements include the planets as well as the Sun, Moon, Ascendant, and Chiron and North Node of the Moon if they are shown in the chart)

Using this technique gives a basic overview of elemental balance that is similar to what is used in Chinese medicine. As an example, a planetary chart might indicate the following list: 2 water, 5 fire, 3 air and 3 water signs. In this example, the water element is low and fire high, therefore, the person could benefit by bringing in

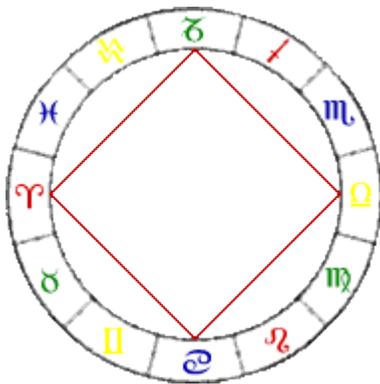
the water element. One can do this in a number of ways: Drinking more water, taking warm aromatic baths, regular visits to sources of water, such as rivers, lake, sea, and also honoring one's emotional nature.

Another example of elements in a planetary chart, is an over-abundance of the air element and low earth. (1 earth, 5 air, 3 fire and 3 water). This would indicate a tendency to mental activity and free movement without sufficient grounding. The recommendation to bring balance could take the form of conscious 'earthing', by connecting with the earth element in stones, trees and meditating to connect one's energy with the earth. The system can also be supported with adding a grounding mineral-rich diet, root vegetables, and or supplements like a mineral complex. Also helpful can be wearing copper to ground electro-magnetic energy. There are some basic examples to get you started. Or perhaps you are already doing this in your practice!

For those of you who have had a voice analysis and already know the gateway tones to focus on, you can begin practicing and comparing the astrology chart with the tones and see how the two patterns mirror one another. As Thoth Hermes said, "As above in the heavens, so it is on earth", and the celestial blueprint is mirrored in the music of the human energy system and revealed in the voice tones.

## Elementary states or Qualities

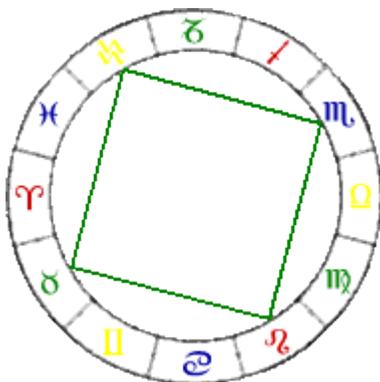
Each of the four elements occurs in three states or qualities, respectively named the cardinal, fixed and mutable or common states. We can consider the physical properties of water as an analogy: Here too, chemical elements can occur in various states. Water, for example, is liquid in its usual, real state. Seen astrologically this would be the cardinal state. When frozen it takes on a solid form, astrologically this would correspond with the fixed state. When heated, it becomes vaporous steam - comparable to the mutable state in astrology. In the individual horoscope, the placement of planets in cardinal, fixed or mutable signs also reveals basic traits of the personality.



### Cardinal

People with an emphasis on cardinal signs have an urge to take the lead and to shape things. They are initiators and act according to their aims and goals.

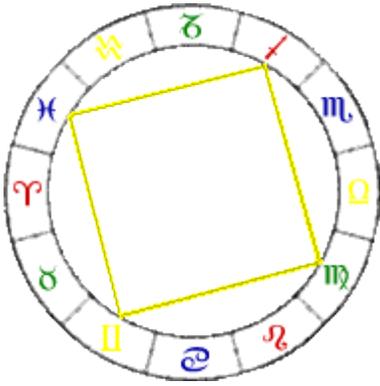
**Cardinal signs:** Aries, Libra, Cancer, Capricorn



### Fixed

People with an emphasis on the fixed signs have a desire to build on what is already there and to organize it more efficiently. They tend to preserve a "status quo" and act in response to given circumstances.

**Fixed signs:** Leo, Aquarius, Scorpio, Taurus



## Mutable

People with an emphasis on the mutable or common signs tend to seek change and renewal. They can easily replace one thing with another and align their actions with unfolding processes.

**Mutable signs:** Sagittarius, Gemini, Pisces, Virgo