

The 100-Syllable Purification of Vajrasattva is a mantra and prayer to purify and wash away the entire mass of our unskillful actions, limitations, negligence, and transgressions.

**OM BENZRA SATO SAMAYA MANU PALAYA
BENZRA SATO TAYNO PATITRA DRIDHO MAY BHAWA
SUTO KAYO MAY BHAWA SUPO KAYO MAY BHAWA
ANU RAKTO MAY BHAWA SARWA SIDDHI MAY TRAYATSA
SARWA KARMA SU TSA MAY
TSITAM SHRIYA KURU HUM
HA HA HA HA HO BHAGAWAN SARWA TATHAGATA
BENZRA MA MAY MUN TSA BENZRI BHAWA MAHA SAMAYA
SATO AH**



Vajrasattva is an aspect of Buddha, the supreme embodiment of wisdom-compassion. If one visualizes Vajrasattva seated above one's head and recites the mantra above, gleaming white nectar pours forth from the deity's heart into the adept's head, filling the entire body, and expelling all darkness. Then one may dedicate this practice with the following:

***Through virtue of this practice,
May I quickly realize Vajrasattva
And establish every sentient being
In this same enlightened state.***

Vajrasattva Dyanni Buddha of Purification

I was first introduced to the 100 syllable Vajrasattva mantra in 1991, on one of many journeys to England. My friend and I arrived late at night in Glastonbury after 24 hours of international travel. We were guided to our sleeping quarters situated on the side of the fabled Glastonbury Tor, heart of the legendary Avalonian landscape. The Tor was said to be a portal to the other worlds and the hill forms an intricate labyrinth.

Neither one of us could sleep, and both of us could see hundreds of shining lights in our dark room, zooming, diving and moving wildly. Perhaps a manifestation of elemental activity of the Tor. My friend began chanting this mantra, and quickly all the lights began to move peacefully in a perfect circle, allowing us a restful sleep. This was my first visual experience of how sound creates harmony and coherence out of chaos.

This is one of 12 mantras recorded on **Medicine Song I** Mp3 and Lyric Book:

<https://aniwilliams.com/product/medicine-song-i-mp3/>